

Home Support provides assistance, information and support for individuals and their families coping with the stresses of day-to-day life. If you don't know whom to call, call us... 613-256-4700

Are you a Veteran? Call Home Support to find out what may be available for you. We work directly with the Department Of Veterans Affairs.

Need a change? Call about our Fit as a Fiddle exercise program, Home Support Hikers or our congregate dining programs. Home Support helps seniors stay active and engaged in their community. The company of others may be just what the doctor ordered.



Home Support Hikers at the Robinson's Property

Have any questions?

Please send your questions written here to the Home Support office or simply call us at 613-256-4700.

Other ways to financially assist the work of Home Support include —

In Honour Donations: You can make an "In Honour" donation to pay tribute to a loved one.

In Celebration Donations: Ask your family and friends to make a donation to Home Support in your honour instead of buying you a present for your birthday, anniversary or holiday.

In Memory Donations: Local funeral homes have Home Support receipts available for "In Memory" donations.

Home Support Services

- Accessible Bus Transportation (Day Trips Sponsored by The Hub)
- Client Information & Assistance
- Companion/Respite Care
- Congregate Dining Meals
- Escorted Transportation
- Fit as a Fiddle (Exercise Program)
- Foot Care Clinic
- Friendly Visiting
- Home Support Hikers
- Home Maintenance (yard work, minor repairs, snow removal)
- Home Help (housecleaning)
- Income Tax Clinic
- Meals on Wheels (Hot or Frozen)
- Security & Reassurance (Phone Calls)



Mills Community Support
67 Industrial Dr., P.O. Box 610
Almonte, ON KOA 1A0

Phone: 613-256-4700
Fax: 613-256-1185
Email: homesupport@themills.on.ca
Website: www.themills.on.ca



Mills Community Support
Home Support Program
Helping people live at home.

*Keep the Home Fires
Burning Fundraiser...*



Home Support offers a range of services to seniors and adults with physical disabilities. We work with individuals and their families, helping them to stay independent, healthy, and in their homes for as long as possible.



**Your donation helps us ...
'Keep the Home Fires Burning!'**

We provide assistance, information and support for individuals and their families.

"With our thanks and appreciation for the many outings arranged by you wonderful people this past summer & fall"

"Congratulations for all the wonderful things you do for the community"

"You provide programs that enrich the lives of seniors and are so appreciated, Thank you"

"Many thanks for all the good programs. Keep up the good work!"

"To all of you who make Home Support so successful for the people in the community"

In a letter to the coordinator of home support, a wife tells about the effect regular visits by a volunteer, had on the family.

"I even have some time for me and don't feel guilty about leaving him for a few hours." he has really brought quality to my husband's life."

Re: The recent changes in his mother's health.

"With the assistance and support from the Mills Community Support group, I am happy to say that she has come out of this difficult period with a new sense of well-being. Your volunteers and support services have been amazing. A worker's magic wand is keeping her apartment looking great and a volunteer's weekly visits to assist her with shopping are high points of her week. The "Gus the Bus" pick-up service and the many events, such as Music & Memories lunches, not only keep her active but also introduced her to new friends and to her community. She is very grateful for everything that you have been able to do for her."

The Mills' Home Support has made it possible for her to stay in her own home but has given us the opportunity to ensure that we, our Mother and her family, are able to make good choices about her well-being. We all thank you for everything."

Volunteers are our strength!

Mills' Home Support is a non-profit charity that serves seniors and adults with physical disabilities, living in Almonte and the surrounding area.

Over 630 individuals benefit from more than 25,000 services per year. All services are coordinated by our Home Support office staff, and provided by over 179 volunteers and paid-workers, who undergo thorough reference and police security checks, as well as vulnerable sector screening.

Home Support is funded in part by the **Ministry of Health and Long Term Care, the United Way of Lanark County, a grant from the Town of Mississippi Mills and generous sponsorship from The Hub.**

We also need private donations to help us maintain a high quality of service for the people who access our programs & services

Volunteers Opportunities!

Call Home Support to discuss the many rewarding volunteer opportunities it offers... 613-256-4700



Member Agency



Member Agency



Sponsor



Sponsor

Member agency of Lanark County United Way

Member of OCSA (Ontario Community Support Association)

**Home Support's
'Keep the Home Fires Burning'
Fundraiser...**

To donate to our Home Support programs, please complete this form and return it with your cheque. Please make your cheque payable to The Mills.

All donations are gratefully appreciated and acknowledged. Charitable receipts are provided for donations of \$10 or more.

Name: _____

Address: _____

Town: _____

Postal Code: _____

Telephone: _____



Mills Community Support

**Mills Community Support
67 Industrial Dr., P.O. Box 610
Almonte, ON K0A 1A0**

**Phone: 613-256-4700
Fax: 613-256-1185**

**Email: homesupport@themills.on.ca
Website: www.themills.on.ca
Office hours: Monday–Friday, 9:00**

Lawanda Brown, Home Support Manager
Barbara Bertrand, Coordinator, Home Support
Jan Watson, Coordinator, Home Support

Charitable Registration
No. 12879 1696 RR.0001

